

# HOW TO SIGN UP FOR NASHVILLE

It's time to sign up for Nashville!

So here is the process for signing up for Nashville:

1. Put your name down that you are interested in going.
2. Pay the \$30-40 for Nashville (depending on when you pay) (non-refundable except in the case for sickness or family emergency). Checks made to "Cabot church of Christ", or Cash in an envelope with your name on it.
3. Finish the "Nashville Mission Trip Prep" book. Can be found up in Teen Center or welcome center.
4. Help Out with VBS teaching (because we are doing the same stories for Nashville) or set up some other prep with T. J. beforehand.
5. Turn in Rules sheet saying you have agreed to obey the rules
6. Parent's Sign up for Remind so I can send you updates and reminders and text you a few times while we are on the trip. (I don't plan on flooding you with texts, just a few important things). Text "@NashMT" to 81010
7. Girls/ guys buy appropriate length shorts for the trip (6inches from the knee, get a ruler if you need one, we have had problems with this in the past)



You have to have complete all 7 steps before you are officially registered for Nashville. The first 22 people who complete all 7 steps are registered for Nashville. We cannot accept any other people after that. We will have a waiting list for anyone else who completes all the steps (except for paying), if someone who is supposed to go drops out.

# Nashville Mission Trip

Goodlettsville, TN > Reach Day Camp [www.reachministries.us](http://www.reachministries.us)  
We will be putting on a day camp for inner city kids (K-3rd grade) where we will love on them and show them the love of Christ

Depart: July 22 @ 12:30  
Return: July 28 @ 9pm

**Who:** New 7<sup>th</sup> graders – Graduates/  
teens in our youth group.

**DUE DATE:**

first 22 people to sign up>pay>get all forms completed.  
If you pay after July 2 you may not get a shirt

**COST:**

pay by June 29>\$30; June 30-July 6>\$35; after July 6>\$40  
includes T-shirt, possibly movie, and all meals except for 3 meals on your own – non refundable/ non transferable

**LODGING:** We will all be staying at my parent's house and possibly the church (they have a shower)

If you have not filled out a **Permission to Travel form** ever please fill it out by July 3. They are at the teen information area upstairs and at the Welcome Center

**CHAPERONES:** T. J., Tessa, Logan Beasley, Tim Hobbs, et. all. The numbers we can be reached:  
T. J. (501) 230-3789 – My Parent's House – Tim and Velva (615) 855-2278

**UPDATES:** Parent's Sign up for Remind so I can send you updates and reminders and text you a few times while we are on the trip. (I don't plan on flooding you with texts, just a few important things). Text "@NashMT" to 81010

If you have any questions about anything, please feel free to ask me.

IF YOU ARE A PARENT AND WOULD LIKE TO COME AND BE AN ADULT LEADER WE WOULD LOVE TO HAVE YOU!

# Packing List

- Pillow
- Sleeping Bag
- (possibly air mattress, you might sleep on floor).
- Toiletry and personal items
- (deodorant, toothpaste, shampoo, etc)
- Bring your own towels** & washcloths.
- Swim wear
- Sunscreen
- Snacks
- Bible**
- pen/pencil
- Money for 3 meals and any souvenirs or snacks you might want
- Clothes that are comfortable: We will be busy helping out and it could be hot outside so wear modest clothes that you don't mind working in and are comfortable.
- Wed. night church clothes, Sunday morning church clothes
- Shorts (**HAVE TO BE SIX INCHES FROM KNEE - THIS IS NON-NEGOTIABLE, GO OUT AND BUY APPROPRIATE SHORTS IF NECESSARY**) – this is for night time also, (sense guys and girls are together, also no spaghetti straps at night),

## Rules & Guidelines

**NO RUNNING AROUND THE NEIGHBORHOOD AT NIGHT. WE WILL ALL STAY AT THE HOUSE OR IN THE YARD. IF YOU GO SOMEWHERE AT NIGHT YOU MUST HAVE AN ADULT.**

2. When we are together as a group, we will do things as a group.
3. Report any injuries immediately to a leader.
4. Do not touch anything that does not belong to you.
5. You should not have a CD player, DVD player, TV, Radio, MP3 player, or any other electrical device at anytime. Phones should only be used to keep in contact with parent's at night.
6. Be positive, Be polite, Be encouraging.
7. No alcohol, tobacco products or anything else that is not in keeping with our Christian values.
8. Modest clothing should be worn at all times.  
"Shorts (HAVE TO BE SIX INCHES FROM KNEE - THIS IS NON-NEGOTIABLE, GO OUT AND BUY APPROPRIATE SHORTS IF NECESSARY) – this is for night time also, (sense guys and girls are together, also no spaghetti straps at night), LET'S BE MODEST PEOPLE.
9. While on the bus, no lying or sitting on anyone else will be allowed.
10. The leaders are here for a reason: because they love you and they want you to be safe. You must be willing to listen to their instructions in order to be a part of this trip. They are to be feared, respected, and obeyed.
11. Once a person is in the care of their host, they are under their supervision. Try not to put them out by asking them to take you places unless they offer. You must also obey the rules of the hosts and treat them with respect. Also, when they go to bed you need to be quiet.
12. We reserve the right to send someone home (at their expense) at any time if they persistently cannot follow the rules.
13. Be at all activities on time and with a smile.



# Schedule

## Saturday, July 23

Meet at 12:30pm to leave

(Travel to Nashville)

We will stop by the mall outside of Memphis for dinner (you buy) and a little shopping ☺

Work on lessons for the week

## Sunday, July 24

9:00 am	Bible Study
10:00 am	Worship
11:30 am	Potluck lunch
1:00 pm	Return to home for rest
5:00 pm	Dinner served/Bus routes
6:00 pm	Bible classes

## Monday, July 25

9:00 am

10:00 am

10:15 am

11:00 am

11:45 am

12:15 am

1:00 pm

2:00 pm

2:30 pm

3:00 pm

4:00 pm

6:00 pm

## Tuesday, July 26

Arrive at building for buses & set up

Singing

Bible Classes

Activity

Lunch

Crafts

Group activity

Free Time

Snack

clean up/bus routes

Cabot group free time

Dinner at building

## Thursday, July 28

## Wednesday, July 27

9:00 am

10:00 am

10:15 am

11:00 am

11:45 am

12:15 am

1:00 pm

2:00 pm

2:30 pm

3:00 pm

4:00 pm

5:00 pm

6:00 pm

7:00 pm

Arrive at building for buses and set up

Singing

Bible Classes

Activity

Lunch

Crafts

Group activity

Free Time

Snack

Bus routes/clean up

Cabot group free time

Dinner at building

Bus routes

Bible Classes

## Friday, June 19

9:00 am - 3:00 pm

3:00pm

9:00 pm

Fun Day in Nashville

Leave for Cabot (eat dinner on way home, on your own)

Arrive back in Cabot

Sign saying that you read the entire packet.

Signature of Parent \_\_\_\_\_

Signature of Teen \_\_\_\_\_

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Sign saying that you read all the rules and agree to follow them.

Signature of Parent \_\_\_\_\_

Signature of Teen \_\_\_\_\_

Turn in this page to me.